

# Alula Gold Stage 1 Newborn



## Alula Gold Stage 1 Newborn NUTRITION INFORMATION

Refer to pack for feeding guide and ingredient list.

Average per 100mL as prepared (12.7g + 90.5mL water)		
Energy	277	kJ
Protein	1.28	g
65% Whey	0.83	g
35% Casein	0.45	g
Fat	3.6	g
Sn-2 Palmitate	0.33	g
Omega 3		
DHA	12	mg
α-Linolenic Acid (ALA)	61	mg
Omega 6		
AA	12	mg
Linoleic Acid (LA)	578	mg
Carbohydrate	7.18	g
<b>Vitamins</b>		
Vitamin A	60	µg
Vitamin B <sub>1</sub>	100	µg
Vitamin B <sub>2</sub>	110	µg
Vitamin B <sub>6</sub>	55	µg
Vitamin B <sub>12</sub>	0.18	µg
Vitamin C	9.0	mg
Vitamin D	1.2	µg
Vitamin E	0.74	mg
Vitamin K	6.7	µg
Biotin	2.0	µg
Folate	11	µg
Niacin	500	µg
Pantothenic Acid	350	µg
<b>Minerals</b>		
Calcium	45	mg
Chloride	43	mg
Copper	46	µg
Iodine	15	µg
Iron	0.80	mg
Magnesium	5.0	mg
Manganese	5.0	µg
Phosphorus	26	mg
Potassium	67	mg
Selenium	2.0	µg
Sodium	16	mg
Zinc	0.60	mg
Choline	10	mg
Inositol	4.5	mg
L-Carnitine	1.0	mg
Lutein	9.6	µg
Nucleotides	2.6	mg
Taurine	4.7	mg

Want to find out more.



Phone: 0800 552 229 or visit: [www.alula.co.nz](http://www.alula.co.nz)

Contact hours: 11am – 7pm

Contains milk and soy.

## Ingredients list

**Milk** solids, vegetable oils (including esterified and **soybean**), long-chain polyunsaturated fatty acids from single-cell sources (arachidonic acid [AA], docosahexaenoic acid [DHA] contain **milk**), emulsifier (**soy** lecithin), L-cysteine, L-leucine, choline, L-phenylalanine, L-histidine, L-valine, taurine, inositol, nucleotides (cytidine-5'-monophosphate, disodium uridine-5'-monophosphate, adenosine-T-monophosphate, disodium inosine-5'-monophosphate, disodium guanosine-5'-monophosphate), antioxidants (mixed tocopherols concentrate, ascorbyl palmitate), L-carnitine, lutein.





**Minerals:** Potassium, chloride, calcium, phosphorus, sodium, magnesium, iron, zinc, copper, iodine, manganese, selenium.

**Vitamins:** Vitamin C, vitamin A, niacin, vitamin D, pantothenic acid, vitamin E, biotin, vitamin B<sub>12</sub>, vitamin B<sub>1</sub>, vitamin K, folic acid, vitamin B<sub>2</sub>, vitamin B<sub>6</sub>.

### Contains milk and soy.

The protein source of **Alula Gold Stage 1 Infant Formula** is cow's milk.

## Feeding/Serving guide table

 <b>BABY'S AGE</b>	 <b>PRE-BOILED WATER (mL)</b>	 <b>LEVEL SCOOPS OF POWDER</b>	 <b>DAILY SERVES</b>
<b>0 - 2</b> weeks	<b>60</b>	<b>1</b>	<b>7 - 9</b>
<b>2 - 3</b> weeks months	<b>120</b>	<b>2</b>	<b>6</b>
<b>3 - 6</b> months	<b>180</b>	<b>3</b>	<b>5</b>

Your baby may need more or less than indicated. Ideally, formula should be prepared just prior to feeding. Otherwise, refrigerate prepared formula and use within 24 hours. From 6 months, infants should be offered solid food in addition to this formula.

## How to prepare

- Always wash and dry hands before preparing formula. Wash bottles, teats and caps.


- After washing, sterilise by boiling for 5 minutes. Keep bottles capped until use.


- Boil fresh drinking water for 5 minutes. Allow boiled water to cool to lukewarm. Consult **Feeding Guide** for quantities of water and formula.


- Prepare each bottle individually. Pour in required amount of lukewarm water.


- Fill the scoop **with Alula Gold Stage 1** and level off on the side of the can. Only the enclosed scoop should be used. Always add 1 scoop (8.5g) per 60mL water.


- Cap bottle and shake. Test temperature on wrist before feeding. Formula left in the bottle after a feed must be discarded.



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